



PLAY → PRACTICE → PLAY. Kids play from the moment they arrive · the **RUN THIS** video is your PRACTICE part — teach that one thing in the middle · always finish playing the real game.

W1 BUILD

AUGUST

Dribbling out of our zone



WATCH FIRST

U6 Soccer Practice Session | Fun Soccer Drills by MOJO
yougotmojo · 6:46

Copy the fast activity changes but halve each block to 3–4 minutes for U4 attention spans.



RUN THIS

The BEST Dribbling Drills for Young Soccer Players & Beginners
Kreider Academy · 5:52

One ball each, giant spaces, coach calls silly targets to dribble toward.

W3 OBSERVE

OCTOBER

Heads-up games



WATCH FIRST

10 Best U6 Soccer Drills | Fun Soccer Drills by MOJO
yougotmojo · 14:25

Pick the two most eyes-up games from the menu and repeat them all night — repetition is mastery at U4.



RUN THIS

SoccerCoachTV - Try this Fun Pre-Warm Up Game.
SoccerCoachTV · 4:34

Run as the arrival game with parents joining; add a ball per child for bonus touches.

W5 SUPPORT

DECEMBER

Finding space



WATCH FIRST

SoccerCoachTV - How to Get your Team to Talk More!
SoccerCoachTV · 2:25

At U4 "talking" means shouting one teammate's name out loud — that is the whole target.



RUN THIS

U6 Sharks and Minnows Activity
Cal South Soccer · 1:42

Coaches are the sharks and hunt in slow motion; minnows dribble to safe islands — that IS finding space.

W7 CONNECT

FEBRUARY

Stopping & starting



WATCH FIRST

6 Soccer Skills Kids Love | Soccer Skills from the MOJO App
yougotmojo · 5:28

Pick the two simplest skills and turn each into copy-the-coach; celebrate any touch that stops or starts the ball.



RUN THIS

Soccer Games For Kids · Fun Soccer Drills - Red Light Green Light!
GO WITH YOYO - Fitness Fun Fo... · 4:38

Run it exactly as shown — red light/green light IS stopping and starting; let kids take turns calling the colors.

W9 FINISH

APRIL

Scoring goals



WATCH FIRST

10 Best Soccer Shooting Drills for Kids | Fun Soccer Drills by MOJO
yougotmojo · 15:13

Take the two simplest only; at U4 shooting is one big kick at a big goal from close range.



RUN THIS

SoccerCoachTV - FUN 2 Goal Shooting Game.
SoccerCoachTV · 6:05

Shrink the space, use two giant goals, and let every child score every round.

W2 SEAL

SEPTEMBER

Getting the ball back



WATCH FIRST

How to Coach Kids During Games | Minute Clinic by MOJO
yougotmojo · 1:37

Go further than the video at U4 — say almost nothing during the game and cheer everything.



RUN THIS

How to Play 'Stuck in the Mud' - Fun Drill for Youth Soccer/Football
Soccerspective · 8:41

Coaches are the taggers; freed players rescue instantly so nobody stands frozen long.

W4 REACT

NOVEMBER

Lose it? Chase it! Win it? Go!



WATCH FIRST

US FOOTBALL Play-Practice-Play Grassroots training session #soccertrainin...
Soccer Family · 14:38

The play-first shape is right; halve every block so the whole night fits an easy 60 minutes.



RUN THIS

SoccerCoachTV - FUN Upside Down Cone Game.
SoccerCoachTV · 4:45

Perfect U4 chaos: flip cones, giggle, repeat; add a second ball to double the laughter.

W6 LINK-UP

JANUARY

Kicking to a friend



WATCH FIRST

Simple Passing Drills — U4–U9
Athlete Era · 2:53

Make every pass a kick at a big funny target (cone tower, coach's feet); no accuracy standard.



RUN THIS

SoccerCoachTV - Try this FUN Passing Competition with your team.
SoccerCoachTV · 6:02

Drop the competition and the scoring — just count the passes out loud together as a team.

W8 BRAVE

MARCH

Exploring the ball & taking on the monster



WATCH FIRST

SoccerCoachTV - King of the Hill - Fun Ball Control Game.
SoccerCoachTV · 6:16

The coach is the only monster on the hill — theatrical near-misses, and every child keeps their ball.



RUN THIS

Insanely Fun 1v1 Training Drill That Will Transform Players Dribbling Ski...
Formation Football · 1:46

Make the defender a slow-moving "monster" — a coach on their knees, never another child.

W10 LEAD

MAY

Festival & celebration day



WATCH FIRST

Soccer Lesson Plan "World Cup Soccer"
Dr. Jordan Weber · 3:49

Tiny teams with animal-nation names, no knockouts — every team plays every round.



RUN THIS

7 Small-Sided Games (1v1–3v2)
Coach Thomas Vlamincik · 2:29

Use the 1v1 and 2v2 games only — festival day is lots of tiny games, never one big one.