



PLAY → PRACTICE → PLAY. Kids play from the moment they arrive · the **RUN THIS** video is your PRACTICE part — teach that one thing in the middle · always finish playing the real game.

W1 BUILD

AUGUST

Playing out from the back



WATCH FIRST

Build-Up Play Explained: How to Play Out with Confidence
JB Soccer · 5:11



RUN THIS

Building The Attack — FA Learning Coaching Session
England Football Learning · 4:41

W2 SEAL

SEPTEMBER

Defending basics



WATCH FIRST

Pressing Successfully | Football Pressing Session From Debbie Barry | Eng...
England Football Learning · 9:56



RUN THIS

Practising the press | Session one | Pressing and covering six-week train...
England Football Learning · 8:22

W3 OBSERVE

OCTOBER

Scanning & awareness



WATCH FIRST

Visual Awareness Training For Footballers/Soccer Players | Improve Your V...
7mlc · 5:49



RUN THIS

5 Scanning Drills to Improve Football IQ | How to Scan Like a Pro
Training121 · 12:11

W4 REACT

NOVEMBER

Transition — win it back fast, go forward fast



WATCH FIRST

Turn Possession Into Goals (3 Training Drills That Work)
Modern Soccer Coach · 4:29



RUN THIS

Three High-Intensity Attacking Transition Exercises With Gary Curneen!!
Modern Soccer Coach · 6:18

W5 SUPPORT

DECEMBER

Support & getting open



WATCH FIRST

Off Ball Movement
Coach Rory Soccer · 7:15



RUN THIS

Midfield Rotation - Full Training Session
Modern Soccer Coach · 7:56

W6 LINK-UP

JANUARY

Passing & link-up play



WATCH FIRST

Best Passing Pattern Youth Soccer
Coach Rory Soccer · 6:21



RUN THIS

'Y' Passing Pattern | 5 Variations | Combination & Third Man Run | Footba...
KS Performance · 4:00

W7 CONNECT

FEBRUARY

First touch & receiving



WATCH FIRST

Receiving under pressure | Session five | Passing and receiving
England Football Learning · 7:51



RUN THIS

Soccer TRAINING - Receiving on the Half Turn
WORLD CLASS COACHING · 11:01

W8 BRAVE

MARCH

Dribbling & 1v1 attacking



WATCH FIRST

Coaching 1v1s Through Decision-Making, Not Cones (3 Exercises)
Modern Soccer Coach · 9:02



RUN THIS

Aaron Danks: 1v1 and 2v1 Attacking | FA Learning Coaching Session
England Football Learning · 6:15

W9 FINISH

APRIL

Finishing & shooting



WATCH FIRST

How to Train Final Third Attacking | Striker Movement- Creating Space & F...
Pelota Academy - Pro Football... · 8:29



RUN THIS

Attacking Patterns in the Final 3rd!!
Modern Soccer Coach · 7:28

W10 LEAD

MAY

Festival, game day & leadership



WATCH FIRST

How To Manage Matchday | Football Coaching Advice
England Football Learning · 17:53



RUN THIS

Skills Challenge FULL HIGHLIGHTS | 2024 MLS All-Star Skills Challenge
Major League Soccer · 7:22