



PLAY → PRACTICE → PLAY. Kids play from the moment they arrive · the **RUN THIS** video is your PRACTICE part — teach that one thing in the middle · always finish playing the real game.

W1 BUILD

AUGUST

Playing out from the back



WATCH FIRST

9v9 Soccer: Playing Out from the Back!
Coach KW — 7v7 & 9v9 Soccer · 26:08



RUN THIS

Playing Out the Back With Neutrals (U10–U13)
Professional Soccer Coaching · 4:30

W2 SEAL

SEPTEMBER

Defending basics



WATCH FIRST

Effective 1v1 defending | Week five | Marking and intercepting
England Football Learning · 11:19



RUN THIS

1v1 Defending Small Sided Game (11-12) 🌐
The Coaching Manual · 3:00

W3 OBSERVE

OCTOBER

Scanning & awareness



WATCH FIRST

Scanning and turning | Coaching session on attacking skills
England Football Learning · 6:34



RUN THIS

Soccer Coaching Receiving on the Half Turn Game
Jack Norbury - Football Coach · 5:14

W4 REACT

NOVEMBER

Transition — win it back fast, go forward fast



WATCH FIRST

Transition And Counter-Attacking | FA Learning Football Coaching Session...
England Football Learning · 7:24



RUN THIS

Small-Sided Transition Games Progressing to Goal
Championship Productions · 4:35

W5 SUPPORT

DECEMBER

Support & getting open



WATCH FIRST

How to Coach Movement off the Ball in Soccer I Full Session
Round World Soccer · 6:40



RUN THIS

Creating Space Soccer Drill (11-12) 🌐
The Coaching Manual · 3:03

W6 LINK-UP

JANUARY

Passing & link-up play



WATCH FIRST

Rondo Progression: 10 Drills Every Team Should Use
Rondo Coach · 4:04



RUN THIS

4 v 2 Rondo | Possession Exercise | Soccer Drill
JB Soccer · 1:48

W7 CONNECT

FEBRUARY

First touch & receiving



WATCH FIRST

Scanning in attack | Session two | Passing and receiving
England Football Learning · 13:01



RUN THIS

Receiving And Turning Football/Soccer Drill | Technical Training | U11 U1...
AD Football Training Videos · 5:08

W8 BRAVE

MARCH

Dribbling & 1v1 attacking



WATCH FIRST

10 EASY 1v1 Skills to Beat Defenders
AllAttack · 7:03



RUN THIS

Soccer Coaching Attacking Drill: Attacking 1v1/2v1
The Coaching Manual · 3:27

W9 FINISH

APRIL

Finishing & shooting



WATCH FIRST

Striking on the Laces | Improve your Shooting from Distance
The Final Third · 4:12



RUN THIS

High Tempo, Competitive Finishing Exercises (Free Drills)
Modern Soccer Coach · 5:15

W10 LEAD

MAY

Festival, game day & leadership



WATCH FIRST

Run the best youth soccer sessions ever!!!
Coach Rory Soccer · 14:47



RUN THIS

Small Sided Games | 5 Variations | Football/Soccer
KS Performance · 3:03